

# Creation - myth or fact?

Four reasons God gives us for accepting our origins in Adam and Eve

In the bible record of human origins, God is inextricably linked with Adam and Eve. So if we say these two humans are mythological characters, we are really saying the same about God

Notice, **First**, that God placed Adam at the head of a very important family tree that of Jesus Christ himself (Luke 3.20) - and there's nothing mythological about Jesus

**Second**, in his Word, God also mentions the position he gave Eve, declaring her to be “the mother of all living” (Genesis 3.20), therefore not a mythological character.

**Third**, God's reason for giving Eve to Adam was practical, not mythological. “The Lord God said, It is not good that the man should be alone”, so God made a helper suitable for Adam - literally, “a helper corresponding to him.” Genesis 2.18.

**Fourth**, it is clear that God made Eve an equal, because the word “helper” is not a demeaning term. (It is often used in the Bible to describe God himself. For example, “He is our help and our shield” Psalm 33.20).

Because these practical, credible details lack any element of myth, we can accept - with good reason - that the Creator God gave us our origins in Adam and Eve.

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*“A dead God is the creation of men; a living God is the Creator of men.”*

- David M. Barr

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