

You are unique

Each of us has unique talents as well as unique needs and requirements.

Because of this we don't have to compare ourselves with others in order to be truly happy. Rather we can find what is just right for us.

First, this will no doubt include food choices, exercise routines, as well as everything else we do.

Second, some need lots of time alone. On the other hand, some don't do well with time alone and need plenty of interaction with others, such as family or a special friend or companion.

Third, by his Spirit, God chooses to enhance our uniqueness even further. To every believer he gives special gifts and qualities, “distributing to each one individually as he wills.” 1 Corinthians 12.11. Because of this individuality, no one else can match our contribution to the world. How wonderful to discover that God wants each of us to feel really special.

Fourth, let us not forget that he also made us in his image. See Genesis 1.26. So how we express ourselves needs to bring honour not only to the One who gave us our uniqueness, but to every other person we meet, because we should remember that he made them in his image too.

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“God saw everything that he had made, and indeed it was very good.”

– Genesis 1.31

Ken Packer